

# FCCH Congregational Chronicle September 2024



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## Note from Mark

Dear Friends,

Welcome to the September issue of the Chronicle! Inside this issue you will find lots of information about what has been happening and what will be happening at our church. Thank you to Jo Freeman, our church administrator, who does a great job keeping us informed.

We've had a great summer of following the theme of pilgrimage. We've been inspired by amazing preachers like John Pavlovitz, Carter Heyward, Brian Combs, and Joan Saniuk. We've been moved by the stories from four of our members on two "This Is My Story" Sundays. We've had great experiences on our three Pilgrimage Walks. We've learned from three pilgrimage movies. We had meaningful experiences in two five week Story Feast Circles. We've learned and grown through three book groups discussing "The Gift of Years" by Joan Chittister. We had great food and conversation at our two Friendship dinners. And we've learned so much from our Forum presentations and discussions each Sunday morning, and we've supported our outreach projects like our just completed Backpack Drive for Upward Elementary School. **Thank you to everyone who has led these various events, helped make worship meaningful, kept our committee work strong, and thank you to everyone who has participated in an event or group at the church this summer.**

September brings our beloved Karla Miller back to us. Karla will participate in worship on September 1 and will preach her first sermon back on September 8. On September 8, we will also have a congregational lunch following church at which Karla will tell us about her sabbatical pilgrimage. I can't wait to hear about all that she has experienced. **Reservations for the lunch must be received no later than Monday, September 2 by emailing [jo@fcchendersonville.org](mailto:jo@fcchendersonville.org).** (There will not be a Forum on September 8).

It has been an honor to serve as Sabbatical Pastor the past three months. My love and appreciation for you and for this amazing church has grown in so many ways. Thank you to all of those who contribute in all sorts of ways to helping FCCH make a difference in our community and world.

With Love,  
Mark

## Sweet Sunday School Scenes



Creating Welcome Back cards for Karla (clockwise):

- Matthew
- Aryella
- James

Pictures courtesy of Ginger Zemp  
zempvirginia@gmail.com

# Pilgrimage Walk August 11th, 2024



# Friendship Dinner August 20th



Pictures courtesy of Mark Acker  
[mark@fcchendersonville.org](mailto:mark@fcchendersonville.org)



### Gail Blate

After college I taught art, then went to graduate school in Special Education specializing in Visual Disabilities and taught blind and multi-handicapped children for a number of years. A few years after I met my late husband, I stopped teaching in the school system and began helping him with our natural health education organization, teaching acupuncture, EFT, vegetarian cooking and other self-health practices. I continued my love of art, and explored and taught many different art expressions, but found my home in fabric collage Mandalas and SoulCollage(R).

Hobbies are spending time with family and friends, singing in the choir, dancing, making my art, all bring me much joy.

I really appreciate the inclusivity, acceptance and warmth of the people at FCC. I grew up in the Presbyterian Church, and beginning in college, embarked on a life-long spiritual journey, studying all the major world religions, visiting sacred sites around the world, and finding a deeper understanding and appreciation of the truths underlying all faiths. Now I feel at home here.



### Rich Dratz

Rich holds degrees from George Washington University and the University of Montana.

He loves music and is a member of the Hendersonville Community Band (trumpet), Hendersonville Chorale, and the Congregational Church Choir (bass). He also is called to play taps for funerals.

Rich loves language and speaks English, German, and Scottish Gaelic.

Rich is also into all sports, hiking & biking.



**Welcome New Church Members**  
**August 18th, 2024**



Nancy Wood

Nancy originally hails from Grand Rapids, Michigan where she was born, went to Hope College and married, raised two amazing kids and working for 30 years at MillerKnoll, an office furniture manufacturer.

Since 2016, she calls herself a slow traveling solo adventurer moving from Michigan to St George, Utah, then Fruita, Colorado, on to Travelers Rest, South Carolina, and now Hendersonville, North Carolina. Whew! Being a minimalist makes that easier! She's passionate about health and traveling the world, wanting to see it all.

Being on the board of the Friendship Force International's Western North Carolina club, a home host organization, helps make that dream a reality. When not traveling, she enjoys walking daily, hiking, reading historical fiction and getting tucked into a challenging puzzle.



Ritch Yount

I am a retired college and university Registrar. I love working with clay, both utilizing a wheel and by hand.

What attracted me about First Congregational Church is the accepting, open, diverse mission that is socially and politically active in our community. It is a joyful and giving congregation.



### Mark Mitchell

Having spent his childhood in Dallas, TX and the mountains of Western Colorado, Mark moved to Florida where he met his only true love, Maureen, and where they raised three beautiful humans. They both now live in Saluda and are very much at home in these ancient mountains and wholesome communities.

A career in the design of architecture and interiors has long been a part of the journey. Art, Cooking, Singing, Dancing, being in nature, and deepening spiritual practices are all places that call to Mark.

First Congressional has quickly become a community evident of love, openness, and inclusion which is proving to be exactly the place to thrive!

## School Backpacks

Dear FFC of Hendersonville,  
Upward Elementary  
would like to sincerely  
thank you for your  
generous donation of  
school supplies. Thank you  
for supporting our school  
community.  
Best Regards,  
Lauren Nealy - <sup>school</sup> counselor



*Thank you, First Congregational!*

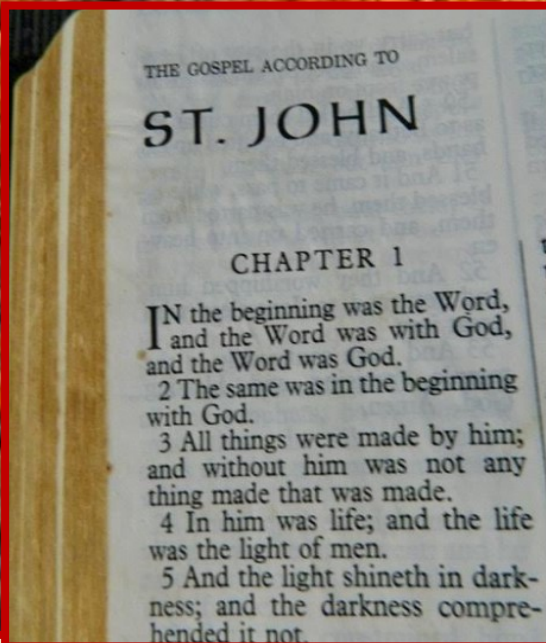
Thanks to YOUR generosity, First Congregational delivered some 250 NEW BACKPACKS, along with donated dollars, to Upward Elementary School for the start of this new year!. Special thanks also to Elle Travis, Julie Spalla, and Bill Shaffer for coordination and deliveries, and to Sheila Clendening for procuring school-color pencils we included for the students.

IN ADDITION, thanks to Romella Hart O'Keefe and Project Linus fellows, 23 handmade blankets (one for each classroom) and hundreds of pocket hugs were delivered to supply classroom "Calm Spots" for kids in need of a comforting moment. Romella also donated the earnings from sale of dear Ed's book collection to further outfit these "Calm Spots."





## Focus on “Bible Study, One Verse at a Time”



Under the guidance of Barbara Rathbun, this Bible study group has been meeting for many years, with an ever-changing cast of characters. But it's not your grandmother's, or even your mother's Bible study!

The group specializes in asking questions, expressing a wide variety of opinions (often one or two more opinions than there are members present), and sometimes even occasionally coming up with somewhat reasonable answers. And we have fun while we're doing it.

The Bibles pictured are the ones used by the group – such a variety. We just started on the gospel of John. AND – you can jump in any time. Most members pop in and out, as they meet other life commitments. The group meets on most Thursday afternoons at 4 pm – moving to 3 pm when the days get shorter.

Everyone is invited! Contact Barbara at [bm Rathbun@bellsouth.net](mailto:bm Rathbun@bellsouth.net) for more \ information.



Pictures & article courtesy of Dawn Kucera  
[dawnkucera@mac.com](mailto:dawnkucera@mac.com)

## Happy Scenes from August



Mark puts the finishing touches on the Resource Center

## Circle of Friends



Beautiful weather, good food, great conversation and wonderful people who love and care for each other. That sums up our small group meeting on Thursday, August 23rd, at Blue Ruby in Flat Rock.

We had conversations on trips to London, adapting to tiny houses, friends and firewood, Little League World Series, upcoming travel, and some health issues, as usual.

Chris (who took the photos) found a coverlet in the car so we even had our own tablecloth!

This amazing group consists of Dody & Sharon Schultz Pratt, Alice & Mike Tenold, Phyllis Rhinehart, Susan Jahnke and Chris and Sherry Carmichael. Everyone in our group was present. YEAH!!



Article & pictures courtesy of Sherry Carmichael  
ccarmitaly@gmail.com

## Service & Giving Volunteer of the Month - Kay Davis



**Kay Davis** grew up in rural Maine where helping each other was essential to survival, and you shared what you had. Her adult life took several twists and turns! After high school, Kay joined the Catholic Foreign Mission group *Maryknoll*, serving in Paterson NJ and then in Santiago, **Chile**. Kay says, “Community organizing in Chile taught me that service means lifelong learning. My neighbors taught me kindness, generosity, humility, patience and that my role was to be their cheerleader, coach, and ally.”

Following a military coup in Chile, Kay and her husband returned to **Maine** where they reared eight children – three “homemade” and five adopted of various ages, races, nationalities. With a master’s degree in Social Work and LCSW specializing in adoption and foster-care mental health therapies, Kay worked as Director of a **special-needs adoption agency**. And as volunteer Bible Study leader at the **county jail**, Kay learned a lesson she says she’s always remembered. When asking a group of inmates, “Where would you find Jesus today?,” one answered, “Jesus hung out with drunks, druggies and whores; he’d come here if he was around today.”

At age 71 Kay found herself widowed, children grown, and “not feeling useful.” Her solution? She applied and was assigned as a **Peace Corps** volunteer in a Mayan community in **Guatemala**. There she worked with pregnant women and new mothers with little formal education and with hungry, malnourished children. And Kay says she once again set aside her former worldview to appreciate how taking care of each other, sharing what you have, listening to others’ wisdom, and being their ally could make changes.

Flat Rock’s **Tiny Home Village** and **First Congregational Church** are two places Kay now finds community and purpose. Of FCC, where she loves being an occasional liturgist, Kay says, “I love the spiritual diversity and freedom to grow, learn new ways, change, be messy, and meet kindred spirits.” In addition to having been a volunteer tutor at **Literacy Connection**, Kay cares for the **Sandburg** goats most Saturdays, is an **Elections Board** poll worker assisting curbside voters, runs a small part-time **errands service business**, and her very-affordable **sourdough bread** became much sought-after treat during the Pandemic and since!

Interview by Sheila Clendenning  
[bsheila.nc@gmail.com](mailto:bsheila.nc@gmail.com)

## Service & Giving Agency of the Month - Literacy Connection



Service & Giving hopes you enjoyed our Aug. 25 Forum with Kelly Hart, Executive Director of the **Literacy Connection**, as our speaker. Kelly shared that the non-profit's purpose is to transform lives by cultivating literacy skills to promote

economic and social success – including programs designed both for adults learning English as a new language, and for native English speakers.

One important goal for many of the participants is to prepare for and earn United States citizenship. Ms. Hart emphasized that **volunteer literacy tutors are always needed at the Literacy Connection**. Interested? Checkout the details at:

<https://www.litconnection.org/become-a-tutor>

### GROCERY LOYALTY CARDS THAT SUPPORT PUBLIC SCHOOLS

Secondly, Service & Giving reminds you that this is the time of year to renew (or begin) to support area public schools through your grocer's loyalty card. This is an easy way to direct a portion of what you already spend on groceries to your preferred public school! Here are the direct links to activate your loyalty card:

- **Ingles Tools for Schools**, <https://www.inglestoolsforschools.com/> – where First Congregational's community partner, Upward Elementary is # 11025. Or, you can use the pull-down menu to choose another school to support.

- **Harris Teeter Together for Education**, <https://tie.harristeeter.com/together-in-education> .

- **Publix Partners** - requires no renewal but you must create a profile at <https://corporate.publix.com/community/corporate-campaigns/publix-partners/supporters> .

**Thank you !**

## September Events at a Glance

### Forum Agenda for September

- ◆ September 1 - Larry Anderson leads us in a discussion on "Magic, mystery and mystics."
- ◆ September 8 - NO FORUM (We have a box lunch after church instead!)
- ◆ September 15 - Liz Hill leads us in an exploration of spiritual direction and writing.
- ◆ September 22 - Joel Helfand presents "Band of Survivors," which is about a Holocaust band that plays Klezmer music; Joel will also play some music.
- ◆ September 29 - Karla Miller and Mark Acker lead us in a conversation about the joys and challenges of aging.

### Friendship Dinner Tuesday, September 17

We gather at 5:00 p.m., and we eat at 5:30 p.m.

Friendship Dinners are a great way to get to know the great people in our congregation.

Bring a main dish, salad, vegetable or dessert to share, and bring your own tableware and silverware.

We need five people to help set up and clean up (30 minutes early and 30 minutes afterwards).

If you can help, sign up on the Friendship Dinner bulletin board in the office hallway.

**Hunger Walk Sept 28th - Mark your calendars!**



*Saturday*  
**September 28, 2024**

**hunger**  
*2024 walk*

*Join First Congregational in raising \$\$  
to feed the hungry in our community*

**Become a Hunger Walker by collecting funds from friends, neighbors,  
and associates. Then, walk on 9/28.**

**- OR -**

**Offer a personal donation and give that to any  
First Congregational fundraiser / Hunger Walker.**

*Every \$ that you Collect or Donate - to the penny, goes directly to vetted  
agencies for purchasing food to feed the hungry in Henderson Co.*

*In 2024 these are:*

**Blue Ridge Health Center  
Calvary Episcopal Food Pantry  
Community Food Pantry, Edneyville  
Council on Aging / Meals on Wheels  
Fishes & Loaves UMC, Etowah  
Interfaith Assistance Ministry + Mobile Pantry  
Hville Rescue Mission - 42k meals annually  
Safelight, Inc., violence/abuse shelter+pantry  
The Salvation Army - food boxes/groceries  
The Storehouse - Food Pantry  
St. Vincent De Paul Society**

*For more information, inquire of our FCC Hunger Walk 2024 leader,  
Dennis Maloy - or any member of the FCC Service & Giving team.*

*Thank You!*

## September Events at a Glance



### Tuning Forks Stress Relief Program

On Sunday, September 15 and 22, 2024, after church service, Kathleen Vard will be offering mini energy tunings to benefit the Hunger Walk. Weighted and unweighted tuning forks will be applied directly to the body and within the auric field of the body to release the stress and static accumulated in everyday life. Breathwork will be encouraged during the session. A love donation in any amount will be greatly appreciated.

### Calm Spots for Upward Elementary School

During deliveries of Backpacks that you gifted to Upward Elementary school students, Ellie Travis learned about the schools' need for a "calm spot" in every classroom.

In the past several years, we have become aware of children experiencing more anxiety and stress than ever before, and the need to address this issue before that stress leads to the child becoming disruptive in the classroom seems urgent. The calm spot is a place where a student can take a 5-minute break for a bit of respite using tactile materials at hand that help restore a sense of calm and comfort so that the child can return refreshed, ready and able to learn.

We were delighted to make sure that each of the 23 classrooms has a calm spot. Each corner calm spot has a variety of calming "tools". \$604., donated from the Ed O'Keefe book sale, will provide small tactile items. Additionally, each calm spot has a handmade blanket for comfort- 18 from Project Linus and 5 from our Prayer Shawl ministry, as well as some FCC pocket hugs!

Thanks to all the blanket, prayer shawl and pocket hug makers for your help with this project.

Romella Hart-O'Keefe

Article courtesy of Romella Hart-O'Keefe  
(edrookeefe@gmail.com)

## September Events at a Glance

### AGING GRACEFULLY: THE MEDICARE MAZE



Medicare, Medicare Advantage or Medicare Supplement? How do I evaluate and choose? What is a formulary? How hard is it to change my plan? Age may bring wisdom, but it also brings a lot of new, confusing questions. To help us work through this maze, Abby Landry, Medicare Program Manager with Council on Aging of Buncombe County, will join us. Lunch will be provided. Contact the office if you would like to attend!

**Grace Lutheran Church**  
1245 6th Avenue West  
Hendersonville, NC 28739  
(828) 693-4890

**Grace Lutheran Church** will host a free talk on Medicare.

Lunch will be provided free of charge.

Please let Grace know **by Sept 8th** if you are coming so that they can plan for the number of plates needed by calling (828)693-4890

### September is suicide prevention month.

Suicide is a major public health problem in the United States, especially among older adults.

- **Suicide is the third leading killer of teenagers, and the second leading killer of young adults.** A person under the age of 25 kills themselves every 2 hours and 11 minutes.
- **However, the highest rates of suicide are among older adults.** Women's suicide rates peak around 50 years of age, but men's suicide rates continue to climb as they age.
- **Older adult men over the age of 85 are killing themselves at four times the rate of teenagers.** White males die by suicide at a higher rate than any other racial group.

Find out how you can save a life at a **FREE** training.  
September 13, 2024  
Friday, 2 PM

<https://forms.office.com/g/Gg70pHRrK6>

Henderson County Department of Public Health  
1200 Spartanburg Hwy, Suite 100  
Hendersonville, NC 28792

"Do not harm yourself. We are all here." Acts 16:28



Question, Persuade, Refer (QPR)  
Suicide Prevention Community  
Workshop



Register today



## September Events at a Glance



**Mental Health  
FIRST AID**

from NATIONAL COUNCIL FOR  
MENTAL WELLBEING

### Mental Health First-Aid

**Saturday, September 28**

**8:30 am - 4:30 pm**

**VFW Hedrick - Rhodes Post 5206, 900 N. Maine  
St., Hendersonville NC**

An evidence-based, early-intervention course.

Most of us would know how to help if we saw someone having a heart attack — we'd start CPR or call 9-1-1. But too few of us would know how to

respond if we saw someone having a panic attack or showing signs of alcohol use disorder.

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid (MHFA) teaches you how to assist and support others who may be experiencing a mental health or substance use challenge.

This evidence-based, early-intervention course, administered by the National Council for Mental Wellbeing, is available virtually and in-person and uses community-specific scenarios, activities and videos to teach the skills needed to recognize and respond to signs and symptoms of mental health and substance use challenges as well as how to provide initial support until they are connected with appropriate professional help.

More than 3 million people across the United States have been trained in MHFA by thousands of certified Instructors. Join the next 3 million and be prepared to provide support for those around you who may be experiencing a mental health or substance use challenge.

#### What It Covers

- Common signs and symptoms of mental health challenges.
- Common signs and symptoms of substance use challenges.
- How to interact with a person in crisis.
- How to connect a person with help.
- Expanded content on trauma, substance use and self-care.

Class is free of charge. Books and lunch also provided.

Go here to register (right click on the underlined portion, and choose "Open Link":)

<https://www.eleoonline.net/Pages/WebForms/Mobile/ShowFormMobile.aspx?id=5a3b435b-e740-4d40-aa68-cd7709dc59b6&linkto=1731>

Courtesy of Sheila Clendenning  
bsheila.nc@gmail.com

## September Events at a Glance

**Handcrafted necklaces/pendants by Catherine Fairbanks** at Coffee Hour for the next several Sundays. Proceeds go to The Hunger Walk.



## Faithful Voter Reflection Guide

Click here to read:

<https://ncchurches.org/wp-content/uploads/2024/06/Printe-Friendly-Voter-Guide.pdf>

This site also confirms your precinct, polling location, sample ballot (not yet posted, but will be soon, voter history).

<https://www.ncsbe.gov/registering/checking-your-registration>

Please remember to glance at your driver's license to make sure it hasn't expired!

## Upcoming events further out

### Rummage Sale Saturday, October 19th

Project Linus provides love, a sense of security, warmth and comfort to children who are seriously ill, traumatized or otherwise in need through gifts of new, handmade blankets, lovingly created by volunteer "Blanketeers". There will be a one day sale to enable the purchase of batting and other materials to make the blankets.



If you would like to help with this special event, we will be setting up on Friday, October 18th, from 8 am to 1 pm in the Fellowship Hall (drop off any items for the sale at this time). Donations of knickknacks, books, kitchen/dining wares, hand tools, jewelry, notions, decorations, toys, etc. gladly accepted. (Sorry, no clothing, machinery, or furniture). For more information, contact Romella Hart-O'Keefe at [edrookeefe@gmail.com](mailto:edrookeefe@gmail.com), (828)290-6197.



## Calling All Writers

What do you write? Poetry, flash, non-fiction, short story, memoir, novel? Choose a sample and share your creation in an Open Mic format. No critiques. Just applause. A safe place for new writers. Listeners, we need you! Please time your reading up to four minutes. We can't wait to hear what you wrote. Join Darcy for this engaging experience.

Event **Forum**  
Day **Sunday**  
Date **October 6**  
Time **9:00-10:15am**  
Host **Darcy**

# Our Wonderful Groups

Facilitator	Group	Day	Contact
Barbara Rathbun	Bible Study: 1 Verse at a Time	2nd & 4th Thursdays, 4:00	<a href="mailto:bm Rathbun@bellsouth.net">bm Rathbun@bellsouth.net</a>
Karla Miller	Carolina Village	1st Mon, 1:30 pm	<a href="mailto:karla@fcchendersonville.org">karla@fcchendersonville.org</a>
Mark Acker	Choir Rehearsal	Every Wed 3:15 pm	<a href="mailto:Mark@fcchendersonville.org">Mark@fcchendersonville.org</a>
Bob McLendon	Church Council	2nd Tues 3:30	<a href="mailto:captainbob.bm@gmail.com">captainbob.bm@gmail.com</a>
Krista Kaufman	Circle of Friends - ongoing small groups	Each circle schedules	<a href="mailto:kristakaufman41@gmail.com">kristakaufman41@gmail.com</a>
Fe Avis	Elder Resources / PEAK (Parents of Estranged Adult Kids)	Saturday, beginning April 20th, 8:30 am - 9:45 a.m	<a href="mailto:fe@asecondday.com">fe@asecondday.com</a>
Mark Fagerlin	Ministry of Finance	2nd Tues of each month b4 Council 11:00	<a href="mailto:mfagerlin@gmail.com">mfagerlin@gmail.com</a>
Karla Miller	Sunday Forum	Sunday, 9:00 am	<a href="mailto:karla@fcchendersonville.org">karla@fcchendersonville.org</a>
Joyce Tierney & John Fuller	Meditation Group	Every Tuesday, 4:00 pm	<a href="mailto:joycie47@gmail.com">joycie47@gmail.com</a> <a href="mailto:fullerjohn@me.com">fullerjohn@me.com</a>
Stephanie Lowder	Service & Giving	2nd Thurs, 10 am	<a href="mailto:slowder@rarebirdcreative.com">slowder@rarebirdcreative.com</a>
Mindy Myers	Ministry of Physical Resources	3rd Wed, 10:00 am	<a href="mailto:mindy7myers@gmail.com">mindy7myers@gmail.com</a>
Linda Laderach	Ministry of Worship (acolytes, ushers, etc.)	Contact to volunteer	<a href="mailto:lladerac@mtholyoke.edu">lladerac@mtholyoke.edu</a>
Barbara Rathbun	Prayer Shawls	1st Tues, 10:00 am	<a href="mailto:bm Rathbun@bellsouth.net">bm Rathbun@bellsouth.net</a>
Patti Clay	Racial Justice Task Force	3rd Tues, 12:00 am	<a href="mailto:pclay51@gmail.com">pclay51@gmail.com</a>
Sukey Pratt	Stitchaway	Fridays at 10:00 am	<a href="mailto:sukeys@yahoo.com">sukeys@yahoo.com</a>
Patti Clay	Virtual Circle of Friends	Last Tues of the Month, 2:00 pm	<a href="mailto:pclay51@gmail.com">pclay51@gmail.com</a>

Please note: some groups may be on summer hiatus. Please check with the facilitator listed.

**Aug Attendance**

Aug	Total	Sermon
4	143	Heyward
11	121	Heyward
18	123	Acker
25	109	Saniuk

**Sept Birthdays**

Heather Fitzwilliam	09/01
Alice Pfirmann	09/01
Cat Oaks	09/01
Karla Miller	09/03
Lorrie Wilson	09/04
Jairo Aguilar	09/04
Ann Allen	09/04
Ingrid Perry	09/06
Kay Davis	09/08
Yvonne Kyker	09/09
Maureen Mitchell	09/10
Nancy Pew	09/13
Betsey Parker	09/13
Nolleen Kelly	09/15
Jacqueline Green	09/16
Joel Matthews	09/18
Cathy Sadler	09/19
Marjorie Richards	09/21
Alice Tenold	09/22
Powell Cotter	09/22
Mandy Henderly	09/23
Alfred Diaz	09/25
Susan Bonk	09/27

## Quote for the Month / To Make You Smile

"When someone tells me 'no,' it doesn't mean I can't do it, it simply means I can't do it with them." — **Karen E. Quinones Miller**

"The bad news is time flies. The good news is you're the pilot." — **Michael Altshule**

A photograph of a sign for Petaluma Veterinary Hospital. The sign is white with black text and is mounted on a dark background. The text on the sign reads: "PETALUMA VETERINARY HOSPITAL" at the top, followed by "DON'T TELL ME WHAT TO DO, YOU ARE NOT MY CAT!" in large, bold, capital letters.

My wife accused me  
of being immature.  
I told her to get out of my fort.

justsomething.co

A man goes to a psychiatrist and says: 'Doctor, I'm very worried. Every time I go to bed, I think there's somebody under it. I'm scared. I think I'm going crazy.'

The doctor says: 'Just put yourself in my hands for one year. Come talk to me three times a week and we should be able to get rid of those fears.'

The man says: 'How much do you charge?'  
The doctor says: '\$200 per visit.'

The man says: 'I'll sleep on it.' Six months later, the doctor meets the man on the street. He asks: 'Why didn't you come to see me about those fears you were having?'

The man says: 'Well, \$200 a visit, three times a week for a year, is \$31,200. A bartender cured me for \$10. I was so happy to have saved all that money that I went and bought me a new pickup truck.'

The doctor says: 'Is that so? And how, may I ask, did a bartender cure you?'

### First Congregational Church

1735 Fifth Avenue West  
Hendersonville, NC 28739

Phone: (828)692-8630

Email: [office@fchhendersonville.org](mailto:office@fchhendersonville.org)

#### Staff:

◆ **Pastor: Reverend Karla Miller**  
([karla@fchhendersonville.org](mailto:karla@fchhendersonville.org))

◆ **Minister of Music / Pastoral Associate: Mark Acker**  
([mark@fchhendersonville.org](mailto:mark@fchhendersonville.org))

◆ **Administrator: Jo Freeman**  
([office@fchhendersonville.org](mailto:office@fchhendersonville.org))

◆ **Custodian: Dora Littleton**

I told my doctor that I broke my arm in  
two places.

He told me to stop going to those  
places.